



SSKAAT-3

Socio-Sexual Knowledge and Attitudes Assessment Tool-Third Edition

**COMING
SOON**

The long-awaited **SSKAAT-3**, a comprehensive update to the Socio-Sexual Knowledge and Attitudes Assessment Tool – Revised (SSKAAT-R), is currently in development.

Designed for individuals with developmental disabilities ages 16 and older, the SSKAAT-3 assesses knowledge and attitudes about sex, intimacy, relationships, and sexual health. It aims to support psychoeducation of healthy sexuality, strengthen personal boundaries, reduce vulnerability to abuse, and foster safe and fulfilling intimate relationships.



SSKAAT-3 Key Highlights

Updated pictures and drawings:

Colored photos for public behaviors

Black & white sketches for private behaviors

Better Representation in Images:

Individuals with disabilities

Diverse body shapes, ethnicities, and LGBTQ2S+ identities

Expanded Online Safety Topics:

Increased focus on online safety, including dating and "sexting"

Updated Terminology:

New vocabulary related to gender, STIs, and contraception

Emphasis on Consent:

More discussions on consent with problem-solving scenarios



SSKAAT-3 Structure

The SSKAAT-3 has two evaluation areas: **Knowledge** and **Attitudes**.



Knowledge

- Items are scored
- Typically require yes/no responses and verbal descriptions explanations



Attitudes

- Items are unscored.
- Individuals indicate if something is 'OK' or 'Not OK' and when an activity is acceptable in a relationship.



SSKAAT-3 Subtests

In response to feedback from SSKAAT-R users, the SSKAAT-3 has been condensed to four subtests, allowing for a more efficient assessment process and reduced administration time:

SSKAAT-R

- Anatomy
- Women's Bodies
- Men's Bodies
- Intimacy
- Pregnancy, Childbirth and Childrearing
- Birth Control and STDs
- Health Boundaries

60-90 min
admin time

SSKAAT-3

- Bodies
- Relationships
- Birth Control and STIs
- Boundaries

45-60 min
admin time

Items suit individuals of all functioning levels and require minimal verbal skills. Correct answers can be indicated by pointing, selecting pictures, or using gestures (shaking head).

Bodies: Contains 46 items on body parts, gender identity, age and gender discrimination, menstruation, cancer screening (breast, cervical, prostate), and masturbation. Use Laminate A to identify body parts through verbal identification and/or pointing to correct body part.

Relationships: Contains 39 items on dating (e.g., safety, planning) and intimate behaviors. Use Laminate B to identify appropriate locations for various activities. Includes black and white sketches of explicit sexual activities.

Birth Control and STIs: Contains 58 items on pregnancy related to how one becomes pregnant, who can get pregnant (age, gender), gestation, presence/absence of menstruation, pregnancy tests, birth, anatomy related to birth, and abortion.

Boundaries: Contains 72 items on activities acceptable to engage in with various people (e.g., children, staff, caregivers, etc.), online safety, consent for intimate activities, sexual assault, and sexual coercion.



SSKAAT-3 Materials

Easel Book

Laminate A Sketches
Side A - Man
Side B - Woman

Laminate B
Pictures of Locations

Record Form

All instructions are included in the Easel Book, and the manual is not needed for administration.